



Metro Parks and Recreation Parkwood Neighborhood Center 2014 Spring Weekly Program





Sun	Mon	Tue	Wed	Thu	Fri	Sat
	MORNING PROGRAM					
	10:00am-1:00pm	10:00am-1:00pm	10:00am-1:00pm	10:00am-1:00pm	10:00am-1:00pm	
Parkwood Community Center 3220 Vailview Dr. 37018	Adult Fitness & Free Play					
CENTER STAFF	AFTERNOON PROGRAM 1:30pm-2:45pm					
<u>Manager</u>	1:30pm-2:30pm Adult Fitness	12:00pm-2:30pm	12:00pm-2:30pm	12:00pm-2:30pm	12:00pm-2:30pm	
Michael Smith	Adult Fitness &	Senior Computer Class	Senior Computer Class	Senior Computer	Senior Computer	
Recreation Leader Mary Thomas	Zumba (optional)	1:30pm-2:30pm Adult Fitness	1:30pm-2:30pm Adult Fitness	Class	Class	
Stamley Clark		&	&	1:30pm-2:30pm	1:30pm-2:30pm	
		Adult Boot Camp (optional)	Zumba (optional)	Adult Fitness	Adult Fitness	
				&	&	
				Adult Boot Camp (optional)	Zumba (optional)	
	EVENING PROGRAM 3:00pm-6:15pm					
	3:00pm-5:30pm	3:00pm-5:30pm	3:00pm-5:30pm	3:00pm-5:30pm	FreePlay 6-17yrs.old	
	Homework Program	Homework Program &	Homework Club &	Homework Club &		
	& FreePlay 6-17yrs.old	FreePlay 6-17yrs.old	FreePlay 6-17yrs.old	FreePlay 6-17yrs.old	5:00pm-6:00pm CubScout Meeting	
	5:00pm-6:00pm	5:00pm-6:00pm	5:00pm-6:00pm	5:00pm-6:00pm		
	(Adult) Boot Camp	(Adult) Zumba	(Adult) Boot Camp	(Adult) Zumba	5:15pm-6:00pm	
					(Adult) BootCamp 2 nd & 4 th Friday	
					2 & 4 Friday	